THIS IS TO CERTIFY THAT

BAYAN MUHSEN

HAS BEEN AWARDED

Focus Awards Level 3 Diploma
Practitioner in Personal Training (RQF)

This achievement included the successful completion of the units detailed on the Unit Summary

QRN:	603/5233/4
Centre Name:	Wellbeing Fitness Ltd
Date Awarded:	12/08/26
Candidate Number:	3183
Certificate Number:	RQF134655

Joshua Cole • CEO

Mr. Joshua Cole
Chief Executive

Focus Awards, Silicon House, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB

0333 344 7388 | info@focusawards.org.uk

Verify Authenticity via QR Code on the Unit Summary

Corff dyfarnu cydnabyddedig Cymwysterau Cymru Qualifications Wales Recognised awarding body

ofqual REGULATED register.ofqual.gov.uk

Rewarding Learning

UNIT SUMMARY

BAYAN MUHSEN

Has achieved the following units for the

Focus Awards Level 3 Diploma
Practitioner in Personal Training (RQF)

UNITS ACHIEVED

		Level	Credits
K/617/8594	Anatomy Physiology And Kinesiology For Exercise And Health	3	6
M/617/8595	Applying Nutritional Principles To Personal Training	3	6
T/617/8596	Planning Exercise Programme Design For Personal Training Clients	3	7
A/617/8597	Delivering Exercise Programmes For Personal Training Sessions	3	9
F/617/8598	Business Acumen And The Use Of Information Technology For A Personal Trainer	3	5
Y/617/8588	Principles Of Health And Wellbeing For Exercise, Fitness And Health	2	4
R/617/8590	Know How To Support Clients Lifestyle Management And Enhance Client Motivation For Exercise And Physical Activity	2	2
Y/617/8591	Principles Of Professional Practice And Health And Safety In A Fitness Environment	2	2
D/617/8592	Planning Professional Practice With Effective Consultations And Assessments For Gym-based Exercise Sessions	2	4
H/617/8593	Instructing Professional Practice And Effective Exercise Supervision In Gym-based Exercise Sessions	2	6

Focus Awards, Silicon House, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB

0333 344 7388 I info@focusawards.org.uk

Verify authenticity at
www.focusawards.org.uk/verify